

Benton Community After School Snacks

2020-2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	GB Goldfish Crackers 1oz. M Milk 8 oz. A Water 8 oz.	MA Cheese Stick 1oz. GB Crackers V/F 6oz. Juice	GB Cocoa Krispie Bar 1 oz. M Milk 8 oz.	GB Scooby Grahams 1 oz. M Milk 8oz.	GB WG Muffin 1oz. M Milk 8.oz.
Week 2	GB Cinnamon Mini M Milk 8 oz.	MA Yogurt 4oz. V/F Fruit Juice 6oz.	GB Nutri-grain Bar-1oz M Milk 8.oz.	GB Cereal 1 oz. M Milk 8oz. A Water 8oz.	GB Kid's Mix Snack 1 oz. M Milk 8 oz.
Week 3	GB WG Muffin 1 oz. M Milk 8 oz.	GB Bug Bites 1 oz. M Milk 8 oz.	GB Frudel 1oz. M Milk 8 oz.	GB Baked Cheetos 1 oz. M Milk 8 oz.	V/F ¾ cup Fruit M Milk 8 oz.
Week 4	GB Pop Tart M Milk 8.oz	GB Cereal 1 oz. M Milk 8 oz.	GB Rice Krispie Treat M Milk 8 oz.	GB Cinnamon Toast Crisp 1oz. M Milk 8oz.	GB Nutri-grain Bar 1oz. Milk 8 oz.

GB=grain/bread V/f=vegetables/ Fruits M = milk MA=meat/ meat alternate O= other non- creditable)

A= additional items (creditable foods served in addition to minimal required components)

Menu cycles every 4 weeks. On days water is offered as a beverage both of the other items are required as the snack.

This institution is an equal opportunity provider.